

ATB FALLSTON 2025-2026 NON-COMPETITIVE WEEKLY SCHEDULE



AUGUST 4 - JUNE 7

Age 2-3

MONDAYS

5:00 - 5:30 Age 2-3 Intro to Dance
5:30 - 6:00 Age 2-3 Intro to Tumble

WEDNESDAYS

5:30 - 6:00 Age 2-3 Intro to Dance
6:00 - 6:30 Age 2-3 Intro to Tumble

Age 3-4

MONDAYS

5:30 - 6:00 Age 3-4 2nd Year Dance
6:00 - 6:30 Age 3-4 2nd Year Tumble

*** Age 2-3 classes cap at 12 students ***

*** Age 3-4 classes cap at 16 students ***

Age 4-6

MONDAYS

6:30 - 7:15 Age 4-6 Cheer Fundamentals

TUESDAYS

5:00 - 5:45 Age 4-6 Tumble [Level 1]
5:45 - 6:30 Age 4-6 Ballet/Tap [Level 1]

THURSDAYS

4:30 - 5:00 Age 4-6 Hip Hop
5:00 - 5:45 Age 4-6 Ballet/Tap [Level 2]
5:45 - 6:30 Age 4-6 Tumble [Level 2]

*** Age 4-6 classes cap at 12 students ***

Age 7-11 Dance

TUESDAYS

5:45 - 6:45 Age 7-11 Jazz/Hip Hop
6:45 - 7:45 Age 7-11 Ballet/Tap

WEDNESDAYS

6:30 - 7:15 Age 7+ Cheer Fundamentals

Age 12+ Dance

TUESDAYS

7:45 - 8:30 Age 12+ Jazz/Lyrical
8:30 - 9:00 Age 12+ Hip Hop

*** Age 1+ dance classes cap at 16 students ***

Age 1+ Tumble

TUESDAYS

4:15 - 5:00 Level 1 Tumble
6:45 - 7:30 Level 2 Tumble
7:30 - 8:15 Level 3 Tumble

THURSDAYS

7:30 - 8:15 Level 4 Tumble

*** Age 1+ tumble classes cap at 12 students ***