

ABOVE THE BARRE

AUGUST 18 - MAY 30

2025-26 WEEKLY SCHEDULE



AGE 2-3

TUESDAYS

4:30 - 5:00 AGE 2-3 DANCE
5:00 - 5:30 AGE 2-3 TUMBLE

WEDNESDAYS

5:15 - 5:45 AGE 2-3 DANCE
5:45 - 6:15 AGE 2-3 TUMBLE

AGE 3-4

TUESDAYS

5:15 - 5:45 AGE 3-4 LEVEL 2 DANCE
5:45 - 6:15 AGE 3-4 LEVEL 2 TUMBLE

FRIDAYS

5:15 - 5:45 AGE 3-4 LEVEL 1 DANCE
5:45 - 6:15 AGE 3-4 LEVEL 1 TUMBLE

ADULTS

THURSDAYS

7:30 - 8:15 ADULT TAP
8:15 - 9:00 ADULT BALLET

AGE 4-6

MONDAYS

4:15 - 5:00 AGE 4-6 LEVEL 2/3 TUMBLE
5:00 - 5:45 AGE 4-6 LEVEL 2/3 DANCE (BAL/TAP)

TUESDAYS

6:15 - 6:45 AGE 4-6 INTRO TO BATON + POM

FRIDAYS

4:00 - 4:45 AGE 4-6 LEVEL 1 DANCE
4:45 - 5:30 AGE 4-6 LEVEL 1 TUMBLE

WEDNESDAYS

4:15 - 5:00 AGE 4-6 LEVEL 1 TUMBLE
5:00 - 5:45 AGE 4-6 LEVEL 1 DANCE
5:45 - 6:15 AGE 4-6 HIP HOP
6:15 - 7:00 AGE 4-6 CHEER FUNDAMENTALS

THURSDAYS

5:15 - 5:45 AGE 4-6 INTRO TO AERIAL SILKS

AGE 7+

MONDAYS

5:15 - 6:00 AGE 7+ LEVEL 2 TUMBLE
7:15 - 8:00 AGE 7+ LEVEL 1 TUMBLE
7:15 - 8:15 AGE 10-12 HIP HOP/JAZZ
8:00 - 8:45 CHEER FUNDAMENTALS

TUESDAYS

3:30 - 4:15 AGE 6-9 ADV. TUMBLE
4:15 - 5:15 AGE 6-9 ADV. BALLET/TAP
4:45 - 5:30 LEVEL 2/3 BATON + POM
5:30 - 6:15 AGE 7+ BEGINNER BATON + POM
5:45 - 6:45 AGE 7-9 HIP HOP/JAZZ
6:45 - 7:45 AGE 7-12 BALLET/TAP
6:45 - 7:30 TEEN BATON + POM
7:45 - 8:30 LEVEL 3/4 TUMBLE

WEDNESDAYS

6:15 - 7:00 STRETCH + STRENGTH (OPEN AGE)
7:00 - 7:45 AGE 7+ LEVEL 2 TUMBLE
7:00 - 7:45 AGE 12+ JAZZ/LYRICAL

THURSDAYS

4:30 - 5:15 LEVEL 2 AERIAL SILKS
5:45 - 6:30 BEGINNER AERIAL SILKS
6:30 - 7:15 LEVEL 3 ADV. AERIAL SILKS

FRIDAYS

6:15 - 6:45 AGE 12+ HIP HOP

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THIS SCHEDULE IS TENTATIVE
AND IS SUBJECT TO CHANGE
BASED ON ENROLLMENT.

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